



# SLIDING --- DOORS

SUPPORTED BY

# CITYMOVIES

17<sup>th</sup> June - 29<sup>th</sup> July  
2020

# PENTHOUSE HICKIES

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ONLINE RESEARCH & DEVELOPMENT

17.06.20



## Rewatching our February Citymoves residency sharing of Penthouse Hickies

“So glad we fought to keep that hug in”  
“Yeah, it really works” (end of 'Lucy' section)

“It's a bit shite isn't it?”  
(deadpan to rejections transition)

### TRANSITIONS

- Is there a blackout after Honeybear? How does that work with limited lighting options?
- Need a bit of music for transition between 'Lucy' and 'Today, Love Is' - what music is it?
- How do we get into Movie?
- (we love the ending)

### THOUGHTS

Do we create/construct the living room space after Honeybear? Including lamp with lampshade?

Does 'Lucy' need a pink fluffy coat?

Today Love Is: what is the last line and what does the movement need to be?

Hello :) section to be split into 2? Each to be developed to discover its strengths.

Does Hello :) start the piece?

Movie, our baby. How can we make it stronger and continue to do what it does best?

### IDEAS

- Change wording of 'Laban Tate Show' to something more relatable in Which Guy.
- Rachel studio movement ideas for Lucy section.
- Emotional lip sync task (movie?) potentially to undermine a more serious moment.
- Cut look over the shoulder in Miss DA.

### TO BUY:

- LAMPSHADE(?)
- NEW TIARA
- PINK FLUFFY COAT (?)



Topoi: What it feels like to watch us  
dance again

Clara

The moment in she dances. Like the whole of it really but the placing of hand on head and knowing exactly how that movement/moment feels and performing that moment is just the freaking/fucking BEST. And the brief moment where we kinda spoon on the floor – it's not that it's weird to watch but I can already know and expect that experience to be so weird as hell to have so much human contact with another person that isn't my boyfriend for the last 3 months.

The moments of strength come through as so much stronger and the ability to see the moments of weakness is welcomed. Critical, logistical, helpful. To continually see it as this jigsaw of moments we constantly have the joy of reshaping, reimagining and putting together in different ways that create our Penthouse Hickies. Let's go again.

Rachel

It feels so odd to see ourselves together after so long. It was actually the last time we moved together in the same physical space... well other than going for it at a house party (Alan's 30th). There was enough time and distance to see what we could develop and change and adjust and alter but also keep and what we love about the work and working together. Taking it back to the true reason of why we are working together in the first place. Not being afraid to suggest things to each other and completely tear apart any structure, narrative and order that we already have in place. To be willing to hear each other out in all forms and aspects and to offer our own thoughts and feelings. This is collaboration at its best. Internet connection can definitely interrupt the flow, but I imagine we will soon get used to it and cherish the time we have dedicated to this, to one another, to Sliding Doors. Time is something we have so much of at the moment and to find a way to use it to connect is so precious.

24.06.20



- Watching Daniel Sloss' 'Jigsaw' excerpt
- Sharing individual writings/experience regarding moving on/closure
- When did you know?
- Creating a call out for stories

“This is where I am now but one day I’ll be over there and love it.”  
– Daniel Sloss

## GUT FEELING VS. MANIFESTING IT/MAKING IT HAPPEN



Rachel: “after 3 dates I knew he was going to be my boyfriend”.

GUT. “felt like this person has been dropped into my life”. 100% gut. “Have a feeling this is going to last”. The connection didn’t come from a superficial place.

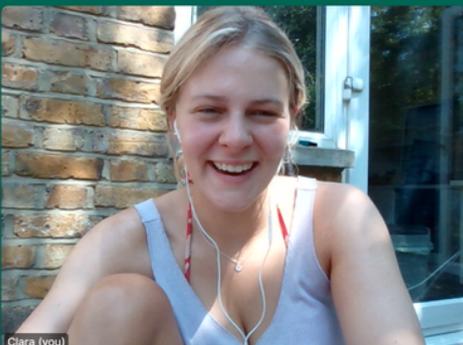


Making the relationship happen because you want it to be true. Clara and J? Saying he was boyfriend material before I had even met him – wanting it to be true? Didn’t I have that moment on the first date where I wasn’t sure if I was attracted to him?

**IN RELATIONSHIPS PROVING SOMETHING OR PROVING YOURSELVES IS NOT NECESSARY. YOU KNOW THE PEOPLE THAT DO (SEE SOCIAL MEDIA).**

**CLARA AS THE LOGICAL DATER: WON'T LET THEM WASTE MY TIME. DON'T WANT TO WASTE A YEAR. LIFE'S TIME PROTECTION.**

Whereby /rachel-laird 2/4 Log in Sign up



“How do people fit into our lives? The things we do/think change so much between very few years. Literally one year and it would have been so different.”

*Sliding Doors*

## Sliding Doors' Thoughts:

- What has lockdown changed that would affect the outcome of dating?
- How do people fit into our lives? How they can fit into our lives at different times because we change? Eg. Jason fitting in to my Australia travel life but it no way to my London world (Clara)
- The things we do and think change so much between so few years at this stage in our lives. 1 year for so many things and it could have all been very different.

### **IT'S TIMING AND PLACE - SLIDING DOORS.**

- Planning Sweden around a potential hookup??!!!!

## Rachel on Social Media:

- “That’s a bit weird watching someone else kiss him”
- “looking at her the way he used to look at me”
- How does social media play into how these boundaries faded
- Pre-instagram you probably would never have access to this content - pros and cons
- But you searched to find this content/video... how does this affect closure
- BUT knowing she’s getting the good stuff right now, how long will that last
- AND a nice reminder that there were of course good things

### **CLARA: Very logical but emotional. Not sure how the two play into each other.**

Melbourne Square (3am UK) Middle of the afternoon. Chilling. Writing to Alan and he is drunk. Dog Jokes.

Jason Drama. Sitting thinking "Oh God" about the fact your feelings for Alan are growing.

"A flatmate/friend who is proving hard to get over".

"Writing this will make me committed. Make it something that is worth writing down. Admitting I wasn't cool about it. Writing it into existence. A book about being independent and travelling around oz alone and then committing to this statement being in here forever"

### **Jason Closure**

Broken up with GF who was controlling, jealous after 1 week. Had to see him. Looking back. He felt trapped.

Wholeheartedly believe that happiness shouldn't be entirely based on one thing. Sprinklers being childish.

Necessary closure I never knew I needed - portraying the way young people change so quickly. I kissed him for the girl who fell head over heels for a boy in April and never got over him until this night. He is a young man who still has to get to know himself. It's the last time I'll see him for what he was.

That week in April was magical and so was tonight.

"Here whilst i'm adventuring he fits into my world".

# Share a Story Concept



Sliding Doors are currently doing some online research and development (supported by Citymoves) for our work 'Penthouse Hickies' and we're keen to hear some stories!

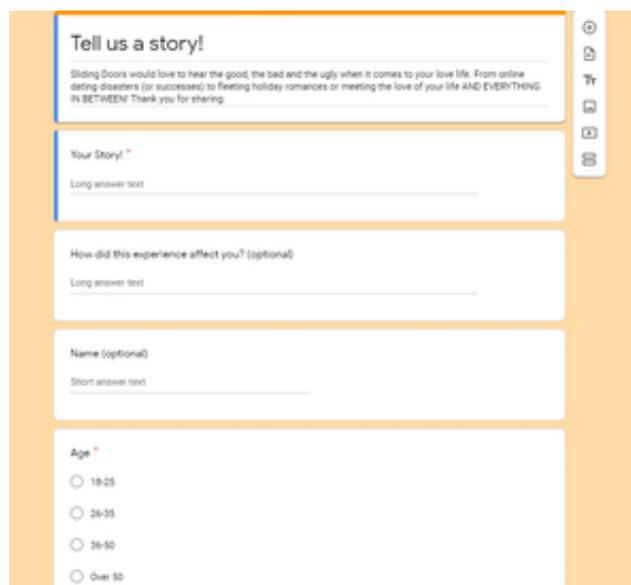
We're interested in the good, the bad and the ugly when it comes to love life tales! From online dating disasters (and successes) to fleeting holiday romances or meeting the love of your life AND EVERYTHING IN BETWEEN! Honestly, we just want to hear it all.

Drop us a DM or fill out this form (anonymously if you wish):

<https://forms.gle/qp8iCyH31yZPvtSF7>

This is just research and your story will not be shared with anyone other than us.

We appreciate your story telling generosity. Thank you! ❤️

A screenshot of a Google Form titled "Tell us a story!". The form has a yellow background. The first section is titled "Tell us a story!" and contains a paragraph of text: "Sliding Doors would love to hear the good, the bad and the ugly when it comes to your love life. From online dating disasters (or successes) to fleeting holiday romances or meeting the love of your life AND EVERYTHING IN BETWEEN! Thank you for sharing." Below this is a "Your Story" field with a red asterisk and a "Long answer text" label. The next field is "How did this experience affect you? (optional)" with a "Long answer text" label. The fourth field is "Name (optional)" with a "Short answer text" label. The final field is "Age" with radio button options for "18-25", "26-35", "36-50", and "Over 50".



A 3 year end.  
My love, oh how you played with me.  
Strangers come along and I'm okay with thee.  
Can someone please explain that to me?  
How one thing can feel like a lifetime  
The face that pops up.  
It cannot just go. Oh, that would be too easy.  
Who said that loving anyone would ever be easy?  
So, why would I think falling out of love would be any easier?  
Surprise as I do not ponder  
Awkward eyes try to avoid mine  
But, I am fine...  
After all, it didn't happen to you.  
I was a kid, I had only just left and you were a man who knew all that he could.  
Or so I thought.  
Oh, that would be too easy.  
Who said that loving anyone would ever be easy?  
So, why would I think falling out of love would be any easier?

As the years went on that kid was left behind.  
That man that she met did not want to go with her so he fell behind.  
She flourished but could sense the oxygen being slowly twisted.  
We should do this, we should be together, and we should melt and form one.  
But the funny thing is, we should not have to do anything except be.  
When you put parameters and limitations on something it cannot continue.  
It is trapped.  
I was being trapped.  
It just took me a while to see.  
I was being slowly lowered into a pit, when I could smell the gas.  
The warning gas.  
The warning that maybe this was not a safe direction.  
That maybe I wanted something else.  
That was hard.  
Who said that loving anyone would ever be easy?  
So, why would I think falling out of love would be any easier?

# Rachel

Closure, now that is tricky.

Sometimes it is important to cut something completely out of your life right at the root. But also, it is important to face those moments and come to terms with them. To understand that my mind is not fabricating what happened but to give reassurance that those moments, feelings and situations were real. To know that they were what they were and now that moment has gone. And that is okay. To stop the mind from wandering but finding its end. Closing the chapter and moving on. Capturing it in a perfect bubble. The fantasy is still alive but just that, a fantasy. I've had horrible, unnecessary moments when trying to approach closure and had some beautiful moments. I have tried to force it on others and myself but sometimes leaving it and giving it the benefit of time is exactly what we all need. Knowing that that is okay. Cherishing what was once there and is now gone. Knowing that every person, situation, and feelings along the way are all part of the greater journey to where I am now.

## Topic: Closure

### Clara

How does everything end. The way you say goodbye to others. It's weird that sometimes you'll say goodbye to someone for the very last time and not know it.

That's sad. But knowing it's the end can be beautiful. Making the decision that it's over, and walking away knowing it was entirely for the best. I haven't thought about the situation I read out for a long time, in that I don't often think about how essential that closure was. Not essential in the way that it was for Rachel and Will though. That was 6 months of saying goodbye. From the first thought to the walk away. She did so well and I'm so proud of how she moved on from that.

We're here in Sliding Doors because she did that, so maybe it's selfish that I'm glad she got away. But no, she's better for it and I know that, she's so much happier now, genuinely happy. And it was beautiful hearing about her beginnings with Duncan today

01.07.20

# THE STORIES



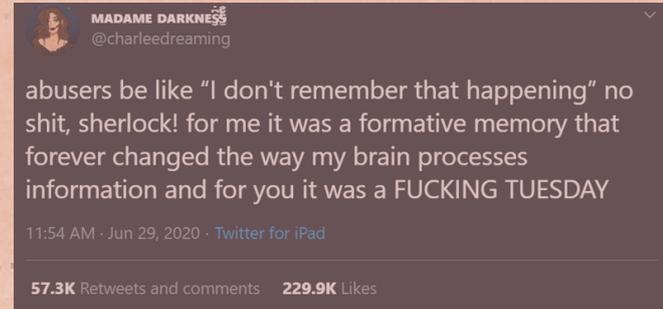
## OUR REACTION TO EACH STORY

### Story 1

*Thinking your actions and acting is more obvious rather than words. "I wanted the relationship to be over without dealing with the backlash of having to end it" (Me about Sean).*

*Guys realising it was a bad thing. "Abusers be like I don't remember that happening" TWEET.*

*Being formative experience for the victim but for them it being nothing. Girls not knowing what constitutes as rape.*



### Story 2

*Dating Apps!*

*"When I started going on Apps vs Bars it gave me such a different air of confidence and made me a different person" (Clara)*

*"You at least know that they are attracted to you" (Clara)*

*As a starting point it is fun! Sometimes it can completely change when you meet someone.*

*"Tinder dates can change one night to the next. One night you could think he could be The Father of My Children and the next person the next night could be a great Friends with Benefits" (Clara)*

*Love the aspect of cutting that 'first part' out. Does he fancy my friend? Why are you talking to me? Are you drunk?*

*We're both here because we feel we will be attracted to each other - more fun. Do I want to take your clothes off, yes or no?*

**EMOTIONAL MATURITY IS ESSENTIAL SO YOU DON'T GET HURT.**

*What do I want them for? What do they seem to want me for? Those things need to be the same, and be honest. Mature/sensible enough to make those match so nobody gets hurt (on paper).*



### Story 3

Not hiding from the ugly truth of long distance break ups. Nice addition to being friends first.

Clara & Alan/ the aspect of "what you look like at home" is gone/never overly conscious about how I look without makeup.

"He saw me like I am around the house already so wasn't worried about seeing me like that" (Clara)

"Sitting in the kitchen in the dark, 1 pm, greasy up do, no make-up, pjs, smelt bad and had not brushed me teeth" (Clara, 1st proper chat with Alan in Aug 2018)

Jessie (little mix) BBC Documentary about her bf not seeing her without makeup.

Evaluation: Rachel - Cannot relate but thoroughly enjoyed.

Clara - Can't massively relate to the story but LOVED.

### Story 6

"Unnecessarily protective" dentist story.

His fault he lost a tooth?

Everyone had good intentions?

Bad dates = Good dating story material for the future

"Do you do this much?" "Any luck?" - Sharing of bad date stories.

### Story 4

Asking friends if you can go for a romantic interest that they have been previously involved with.

"He's lucky I forgave him otherwise he would have missed out on me loving him

for the past 33 years" (BEAUTIFUL!)

IT'S A SLIDING DOORS MOMENT!!!!

SLIDING DOORS STATEMENT.

["me loving him for the past 33 years" reduced to "lucky I forgave him"] an almost split second decision.

### Story 5

Gearing yourself up for a breakup. Then being given a gift.

"Can't imagine what I would do if he presented me with a gift!"

"Deliberately acting different because I knew

I was going to break up with him!" (Clara)

No chemistry/not going to be a thing.

Us deliberately being cold.

Breaking up with guys after a couple of dates. Clara's August 2018 Lawyer.

### Story 7

Beard rash chat.

Girls never say, "Would you shave your beard because it hurts my face?"

Whereas men we know have told girls to shave.

PRO FACIAL HAIR

Weird that the story became okay and better when we realised it was about two boys and not a young girl and boy?



### Story 8

Noticing the flaws and negatives but being so swept up in it and in love that you actively choose to ignore it.

More and more sucked into the affection behind closed doors. (In a relationship)

Dating shit! This guy still affects them.

Trust her view on experiences.

more of the good and the BAD. Relates to first story.

"Needing the drink - wouldn't even hold my hand on date 7 until about 9 drinks in" (Rachel)

"They would only ever act on their feelings towards me when we were alone or when they were drunk"

"One year later I'm still in therapy"

"I don't think they're a bad person"

"unable to trust anyone I know and mostly myself" - one experience in dating can affect one person so much more than the other, potentially with permanent damage.

### Story 9

CLASS! Dating Apps.

"Business Grad school (Red Alert)!"

LOLOLOLOL

"and I said 'no this is the end'"

"But instead just slept with people

I'd already slept with" Love this

SINGLEDOM AND BEING HONEST

### Story 10

A date looking like someone you know (who you don't fancy) or having the same name as someone you don't like! Hard to look past this?

On a date - too much too soon - "want someone to play it cooler than that"

"I don't buy being called beautiful on a first date. Sounds like a line and I don't buy it unless the person really knows me." (Clara)

### Evaluation

A huge event and reducing it to something so small-something very 'Sliding Doors' in this concept.

We must find more of the bad in this development!



# A Sliding Doors Moment

I watched John Hannah in a movie last night and all I wanted to watch was sliding doors, obviously. I'll watch it again soon. Today reading Matt's mum's statement. The power and amazement in a sliding doors statement is taking this huge thing, this huge event in life – good or bad – and reducing it's possibility to something so much smaller and less possible. The more unlikely, the more powerful the statement. Like the example that if she hadn't forgiven him, had just decided to write him off, 33 years of love and 4 children disappears with it. Yes, probably a different love and different kids would exist, better or worse, but it's the idea of it all disappearing which has the impact on how we look at our lives. And I guess in this case the impact is also that one of those children born through that love is a close friend of ours – his entire existence and presence in our lives reduced to a decision she made as a brave young 20 year old whether to give this man a chance or not.

I can't imagine not ever feeling such a huge passionate intrigue for this concept. I'm so glad this is our name.

Clara

The Sliding doors moment. It is what we have based our whole company on. We have such a love for this concept as both individuals and collectively. I have had many in my life. If I went to Northern instead of Laban, if I joined Ballet Lorent instead of moving to Copenhagen. And the very simple ones we all love if I missed that train or if I got on it (film reference). Clara and I our beginning are a sliding doors moment. We could have ignored each other at that audition or picked a different audition date and none of this would have happened. Each action, decision and choice influence and changes your whole future. In one moment, you can go from knowing exactly what is going on to be stopped in your tracks by something completely unexpected and that is the beauty of it. I love the uncertainty of the future but knowing it all happened as a series of consequences from my choices. All the good, all the bad lead me to where I am, who I am and who I am with. With Duncan for instance I so nearly didn't swipe for him on Hinge and how horrible that would have been to have not known that wonderful man.

Rachel

Okay, this is what we need more of. We can quite easily slip into humour and love and light in our lives and work but the heaviness and depth is what is often skimmed over and looked past. It is just as important as all the fluff. I have experienced a lot of shit in relationships and dating and in life and I know that they are important lessons I had to learn and experience to provide growth. Examples like being told that someone might not love you (after three years) if you change your hair, Knowing someone will only be affectionate towards you when they are drunk, realising you have been abused in one way or another and coming to terms with that. What is in those moments that we try and skip? What is in those moments that we can share with others and ourselves? What is in those moments that might help other people?

*More of the Bad*

*Rachel*

*Clara*

This anonymous girl stating she is still in therapy a year after events. Paul was right when he said we need more of the bad, it's essential that we make fun and celebrate the wonderful encounters - including the ones we've read today - but this shit hurts people. This shit can damage people beyond repair. This shit can become something so central and important for our feelings of self worth and belonging, which isn't accurate, right or fair and yet I can't see that ever changing for the most of us. An ex-flatmate complaining about singledom, seemingly consistently to her friends. Some people can't celebrate it (bad example cause I know she can) but really some people will always be left feeling not whole because they don't have a partner by their side. I AM NOT LOOKING FOR MY OTHER HALF BECAUSE I AM NOT A HALF. I will stand by it. This topic isn't about me, this is about the people who have fallen into darkness, real darkness from all of this, and we're just scratching the surface.



*we must find more of  
the bad in this  
development*

There are moments that the words don't reach, there's a grace too powerful to name. How the hell did Lin Manuel motivate himself to write a musical for 7 years. Like I'm obviously so glad he did, but like how. I feel amazing when I've been motivated enough to work hard. Yesterday I was so proud of my work ethic and dedication and felt like I OWNED that working day. Today is that sort of 'Wednesday slump' as we hit midway through our sessions. I'm immensely grateful we have hit this slump at the same time today. We will come back better and stronger next week - where we will both be calling each other from SCOTLAND. Knowing I'm returning has probably made a big difference this week, finally knowing how different my week in life will look next week - what a genuine luxury.

I probably forgive myself too much for not being motivated. Too much of well it's such a weird time of course I can be flat and struggle to work hard at things when it often feels like there's nothing I'm working towards. I've discovered I'm very choosy with motivation. When I get into something I get IINNN. And if not, procrastination truly is my best friend.

I'm 22, I'm learning.

I feel so awful today mentally and emotionally and I want to be here. I want to be in this moment with you and to let it grow and flourish and move somewhere new and exciting. Following on from an exciting week last week. But alas things get in the way. Mid-week, mid project, mid lockdown SLUMP. We are both feeling it. We can still bond and connect and be there with each other, but the technology is still a huge factor that adds to the drainage. The drainage of our physical battery lives. As much as it is great to continue the work sometimes online it doesn't always go as planned. I can't give you a hug and energise myself with your energy with your aura. Instead I need to try and suck it out of a screen again. I know next week will be better and I know more will come from this from us. However, today is not that day and that is okay. Being on the journey of accepting that online research is difficult and won't go as swimmingly as it does in real time. Not long though until we are back in the studio. Back together. Back to physical work and back to pushing Penthouse Hickies.





OUR REACTION TO EACH STORY

**Story 12**

Love it! "secret".

Clara "I inspire to that level".

Rachel "**Summer Fling 101**"

72 hr secret trip....

Reminiscing over a love story  
from long ago.

**"it was what feeling  
truly alive is like"**

**Story 14**

Being in their partners country and  
being let down. Relatable to story 1.

Not your fault that they are an asshole.

Yet "I was heartbroken. It was my fault "  
literally in the same breath.

Time and how long you've known the  
person has NOTHING to do with it.

If you're asking to be involved with their  
friend and family and there is still  
hesitation, maybe question it?

And, on another note, ALWAYS make  
sure you've got a way out/escape route.  
Don't get stuck in a foreign country with  
their family.

**Story 13**

"If you've gone into the chat all sexy and  
suggestive there is an expectation..." Clara

**-The SHOULD concept-  
GET RID OF THE SHOULD**

"Expectation partnered with comparison"  
Comparison among friends and using their  
relationships as a benchmark. Compared self to  
others to place yourself. You have to compare.

More reflection vs comparison. Within  
relationships reflection is healthier than  
comparison (previous partners).

"Actually say no and stand up for myself"

"Maturity knowing yourself and self worth.

Wasn't brave enough before or didn't know  
before. I've been there before and it wasn't fun"

- Clara

Standards for yourself.

Feeling "well I can't really say no" but YOU CAN.

You feel like you've led them on but you can  
obviously say no... yet so often we don't.

Rachel saying "I don't sleep with guys on the first  
date" met with "oh you're such a tease".

Clara: "I hope when/if I'm single again that I will  
be strong enough to say no and know myself.  
Know what I want and feel comfortable with  
now. And what I don't.

But always that feeling when you've worked  
yourself up to have a good  
date/night/sex/meetsomeone fun and it's just  
not... ending it early feels anticlimatic and shit.  
This has definitely led to poor decisions.

### Story 15

Missing Red flags. "Clara looks the whole time from the beginning. That many obvious flaws in the first place wouldn't go for it"

#### HOW/WHY DO WE MISS RED FLAGS?

Clara: I just don't think I am capable of missing so many. As a gullible person I am hyper critical at initial stages of dating, they wouldn't get away with it.

Rachel: Opposite approach to initial dates in most ways. Can relate to missing red flags but not on the same scale. Examples regarding drugs unveil themselves. What the hell is "emotionally unavailable", really?

### Story 17

"You just have fun"

When he was away she had fun as well. In the cinema would go on regular dates until he came back when the war ended.

refreshing to hear about woman back then having fun and not just the classic men away from home and having affairs with no repercussions but that they both were doing the same. Didn't stop them from getting married, having 3 kids, 5 grandchildren and 7 great-grandchildren.

### Story 16 - (Voice note)

Wash your blooming hands!!!!  
Spicy hands "It felt like my genitalia was going to blow up" LOL

### Story 18

Young love story. Been together a few years. It was quite obvious when he went back to New Zealand he wasn't going to return. BUT he tried to come back and fight for her.

Little Fires Everywhere TV series.

"Let the best one go".

Curiosity led to them reaching out 20 years later. I wonder if I would do that...The 'what could have been'.

- Liza by Loudon Wainwright III. Song about Liza Minelli.
- Something interesting about the song... but maybe it is more the style.
- Maybe Live stream or Zoom Pro class in Residency
- Funding Pack (Application preparation)
- Plan Residency

Okay so I feel there is this huge pressure and expectation with relationships and love life and dating from what we are taught, what we see, what we read and that we must live up to this ideal state of being in love. Whatever that is. That we are told that we should do this, we should be at this stage now and we should move in together instead of actually just being in the moment with the person and accepting the love that you are both giving to one another, rather than what people are telling you you should have. Comparison I think comes into play when reflecting and looking back on previous relationships and people that you have been involved with romantically. I try really hard not to compare but instead reflect. However, that can be really difficult when you think that someone you are involved with might be comparing you to someone else. In that case it is completely out of your hands and in their minds. It is having that trust that that isn't the case and not expecting them to act a certain way or react how someone else did but to just be in the moment and see where all of this goes.

Rachel

## Expectation vs Comparison

What I was thinking about was the comparison of when I started my relationship with Alan and the comparison element felt removed. I think it bothered me - I know it bothered me - more than it should have with James.

But me & Alan's thing/situation/relationship was different from the norm process so I have never compared it to those around me. It was so freeing. And I think it did me the world of good going long term and letting it be that.

Expectation opposingly feels like the problem in your brain when you try to pre-determine the outcome/feelings/result of a first date. Yes, you should know what you want, but you shouldn't have pre-decided that they are the person to be that.

Clara

22.07.20

# Plan Residency Week



## RESIDENCY PLAN

- o No more than 1 new section
- o Really working on the construction and darkness on 'hello 😊' potential
  - o Livestream class – to plan Monday
  - o Film end result/sharing from multiple angles
  - o Reach out to photographer for Thurs 20th Aug
- o Wednesday friendship writing I Love You task Dedicate a whole afternoon to working on the friendship elements in the work.
  - o Zoom or livestream class?
    - o *Finding the bad*
- o Every day 1hr class within 1hr 30min slot (9am – 10:30am)
- o (Rachel has rest of week plan ideas)

Current piece ~30 mins

NO EXPECTATIONS!!!! Max. 35 mins but let's make it a solid 30 minutes.

### Logistical - What to bring to Aberdeen:

- Costume
- Props - The Lamp, Popcorn, Bowl, Clothing
- Laptop and notebook
- Camera (recording and rehearsal footage)
- Buy Pink Coat (DONE)
- Buy Tiara (DONE)



SLIDING  
DOORS

# Sliding Doors

# Residency Week

W/C 17TH AUGUST  
2020

## **DAY 1 | MON**

Plan Class 9- 10:30am

Improv to all the music, walk through the piece.

Logical changes we want to make. (Notes we made in week 1 of online residency)

## **DAY 2 | TUE**

Class 9 - 10:30am.

Finding the bad.

Hello :)

## **DAY 3 | WED**

Class 9 - 10:30am

Dedicate the afternoon to Friendship (together and within the work).

Potentially run the piece. See how conversation can feed into and influence the work. Work on structure.

## **DAY 4 | THU**

Class 9 - 10:30 am

Photographer come in.

Run the whole piece.

Film close-ups.

## **DAY 5 | FRI**

Class 9 - 10:30am

Relevant rehearsal

Sharing

# What Could Have Been

I hate this (rearrange that sentence make it better) This is a fear, potentially my biggest fear. I feel I worry about this more than is healthy, more than makes sense for someone so early into their life, really. It is something I base too many decisions on, factor in too much. I'm writing this as if I think that's wrong and I should change but I don't think that. It's what I'm striving for. The thought of looking back and so clearly being able to see the mistake, the wrong choice, the regret - fills me with dread. I want to live my life fully so I never look back and think that I didn't do enough, I didn't try. That I didn't "do my 20s right" or live enough. That I loved the wrong people, or didn't love the right ones enough. I'm scared, so maybe that makes me too careful, more likely to inevitably make the mistake. But Rachel is right, afraid of failure regardless is the wrong way to live.

Clara

What could have been... there are moments in life where you hear people say "Oh what could have been if we stayed together", "if I went to that university", "If I didn't have kids", or whatever it may be. After our discussions especially around love and life and all the sliding doors moments we have I do not believe I will feel this way. Or maybe I will one day? I think I try and reflect more on the fact that my life is the way it is because of the decisions I made, and I cannot change that. Why regret something once it is over instead of using it as a point for growth and learning and a part of your journey to where you are now. Who you are with now. Where you live now. I would hate to feel tethered or trapped to the sensation of what could have been instead of what has happened, in love and in life.

Rachel

*afraid of failure regardless is  
the wrong way to live.*



29.07.20

# MOVING FORWARD



## To do list:

- Write Pack - To send for funding and future applications. Get all documents together.
- Establish clearly who Sliding Doors are
- Email Citymoves

## WHAT IS SLIDING DOORS?

Sliding Doors is us working together, performance, duo work.

Sliding Doors Collective is us when we work with other people. Involving and including others in the work. Commissions. Outreach programme.

## *Funding Application Pack*

*How Sliding Doors Formed*

*Sliding Doors Ethos*

*What is Penthouse Hickies?*

*Penthouse Hickies Themes*

*Penthouse Hickies Practice*

*Penthouse Hickies Teaching*

*Funding and Development*

*Future Aims*

*Supported by/Past performances*

*Reviews*

*Us as Individuals*

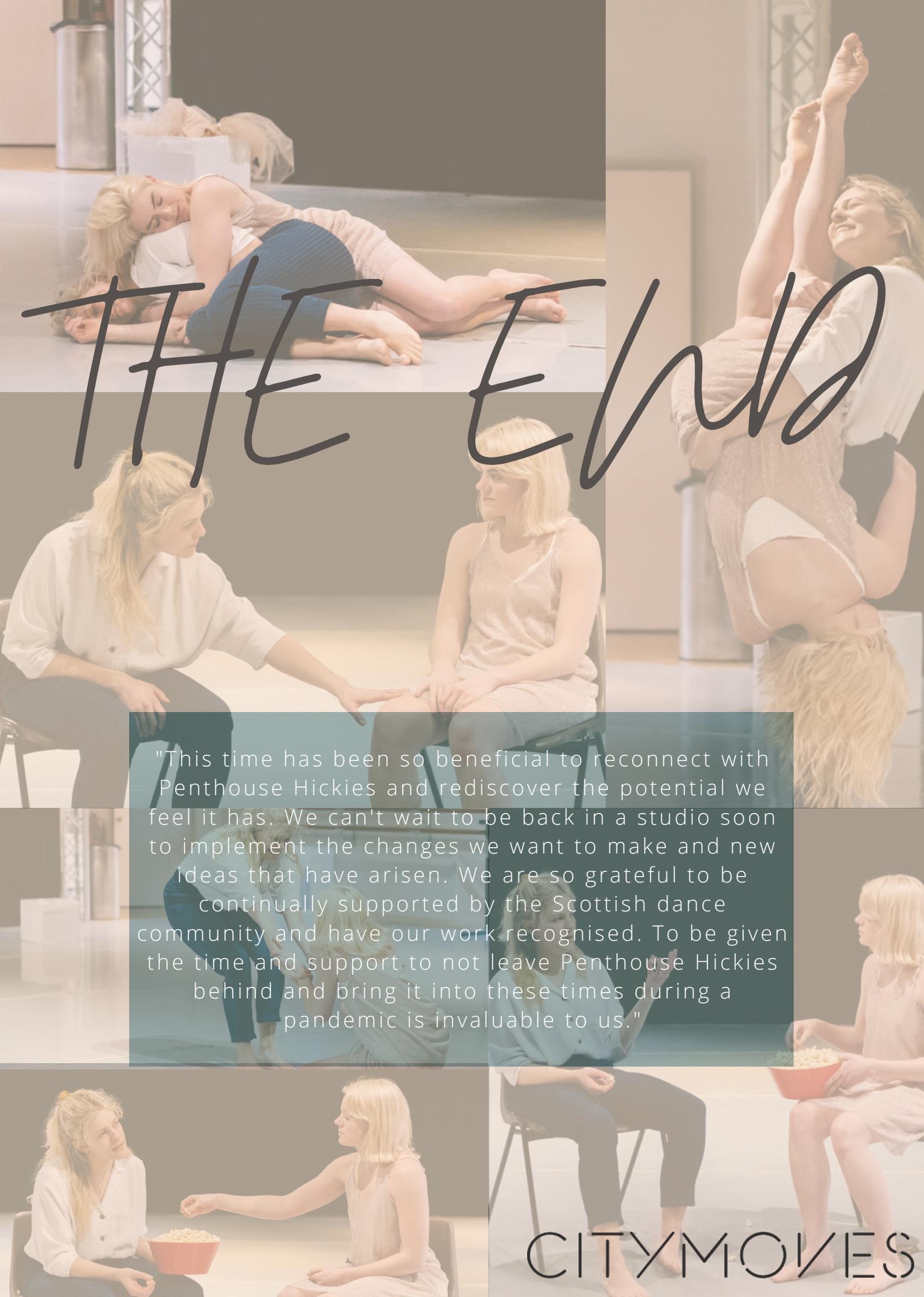
# What are you looking forward to?

Oh my Christ the first hug will be so emotional and lovely. I feel like I know can't fully process how long it has actually been since we have been in the same physical space. It's weird how you get used to very real friends becoming internet friends. But looking forward to it. Looking forward to dancing full out. Dancing full out in a studio. Looking forward to the first time we belly laugh so hard about something stupid. I can't wait for my body to hurt because I haven't been dancing or moving enough recently. I can't wait to do the first and last full runs of the week and watch how it grows. I can't wait for the new sections and ideas that don't exist yet. I'm ready for tears, for passion and care for this wonderful project. I'm excited to share this work with others. I'm excited for new photographs and new memories. I'm excited for where this can and will go. It feels so close. I'm nervous I think, need to remind myself that there genuinely isn't real pressure, only the pressure from ourselves because we care so much to make this good.

Clara

What are you looking forward to....I am looking forward to finally being with Clara again!!!! At that point it will have been three days shy of FIVE BLOOMING MONTHS! The longest in five years that we have been apart.... Madness. I am looking forward to moving, creating, dancing, writing, teaching, sharing and exploring. I am looking forward to discussions over a glass of wine of what we should do the next day. What we have to come. We have done so well and achieved so much, and I don't think we have fully appreciated the extent of that! Sliding Doors is thriving, and we have so much to be happy about and inspired to continue this growth. It hasn't even been a year yet since our debut and think of what the next year will hold for us! I cannot wait.

Rachel



# THE END

"This time has been so beneficial to reconnect with Penthouse Hickies and rediscover the potential we feel it has. We can't wait to be back in a studio soon to implement the changes we want to make and new ideas that have arisen. We are so grateful to be continually supported by the Scottish dance community and have our work recognised. To be given the time and support to not leave Penthouse Hickies behind and bring it into these times during a pandemic is invaluable to us."

CITYMOVES